

### **BEGINNERS GUIDE**

To Knitting







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Leave a generous yarn tail and pinch the yarn with both hands as per the image.

### **MAKE A SLIP KNOT**

Step 1.



Create a loop by bringing your hands together.

Bring your yarn tail (that's not attached to the ball), and bring it behind the loop.







Pull the yarn tail through the loop and pull a little tighter till it resembles something like the picture above. This is your slip knot.

Place your slip knit on to the needle and pull 5 the yarn tails to tighten it.





Now you're ready to start casting onto the needle!







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Step 2.

### CAST ON TO THE NEEDLE

Now you have added your slip knot to the needle, it's time to cast on the rest of your stitches on to your needle.



- Loop the yarn tail (that's unattached to the ball) around the back of your thumb and bring your needle towards the base of your thumb.
- Slip the needle through the loop on your thumb and then take the yarn tail that's attached to the ball.





- Wrap the yarn around the needle from back to front.
- Then take the loop from around your thumb, and slip it onto the needle.









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Now you have added your slip knot to the needle, it's time to cast on the rest of your stitches on to your needle.

You now have your second stitch on your needle!



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